

CLAIRES OLIVIER

Artiste-Coache



Bio :

At the crossroads of several cultures, a native French and English speaker, I have developed my two professional lives with passion : acting (cinema, television, theater, voice) and coaching. Based in Paris, I have been a coach, trainer and facilitator in France and internationally for the past 15 years.

Driven by an optimistic view of our Future, two endeavours guide my work in the corporate world: reconnecting with a purposeful vision and rekindling with our intrinsic sense of play. Today, I view the workplace as a key location to invest in and co-create with the Other, so all parties may continue to contribute to their greater cause.

Tools & methodology :

- **For trainings :** Professional co-development, collective intelligence, Clean Language and techniques from the Arbinger Institute and Flow theory to develop team cohesion, work on inter- and intra-personal conflict management and support companies during transformational change management.
- **For coaching:** an exploration of several major analogous axes between the actor and the leader (transformation process, recognition, ego, uniqueness, creativity and expression of one's inner child).
- **Vocal technique** inspired by the work of Patsy Rodenburg and/or stemming from past artistic collaborations with Michael Corbridge, the vocal director of the Royal Shakespeare Company.
- **Acting Technique :** Sanford Meisner (awareness of the self and the other), Susan Batson (including sense memory - The Actor's Studio), Michael Chekhov (kinetic exploration of the psychological gesture, the emotional essence).

*"The roots of the word 'compete' are the Latin *con petire*, which meant 'to seek together'. »*

Mihaly Csikszentmihalyi

A few milestones :

- **2006 :** Brevet d'état at Cours Florent
- **2007-2017 :** Acting Teacher at Cours Florent Paris (Acting in English)
- **2017 :** National coaching Diploma La Sorbonne Assas - Paris II (M2 Coaching professionnel: développement personnel en entreprise)



CLAIREE OLIVIER

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Developing your talent or multi-potentiality (Inclusive of neuro-atypical brain functions)

Women in positions of leadership

Independent artists
(from conception to creative processes)

Streamlining communication, Honing public-speaking skills in both English & French, (media training, team-building)

Coaching leaders Coherence & vision during & entrepreneurs, core transformations
(writing your leadership)



Examples of work

Objectives

Type of intervention

Groupe Carrefour Management TM	Embodying your message and that of your company's and resolving fears during structural change.	3h workshop, during a seminar
GM – EU business unit of a Swiss pharmaceutical groupe	Aligning actions and values when implementing a new strategy incorporating Agile methodology	5 x 2h individual coaching sessions + co designing and facilitating a seminar
HRD –multinational luxury group	Honing your self-confidence and asserting yourself as a leader after taking up the new position	10 x 2h individual coaching sessions

* Sectors: Aerospace, banking, pharmaceuticals, agri-food, public service and national defence, luxury goods, digital, energy, insurance.

COACH

Artist

From start-ups to multinationals, I work as a coach, trainer and facilitator.

I am part of an ecosystem of partners whose values I share and who complement my skills according to your needs.

TOOLS / CERTIFICATIONS :

- International Coaching diploma
(Professional Masters- Paris II Sorbonne)
- Certified in Clean Language
- Arbinger Institute - Conflict Management
- Non-Violent Communication (NVC)
- Professional co développement

TARGETED AUDIENCE :

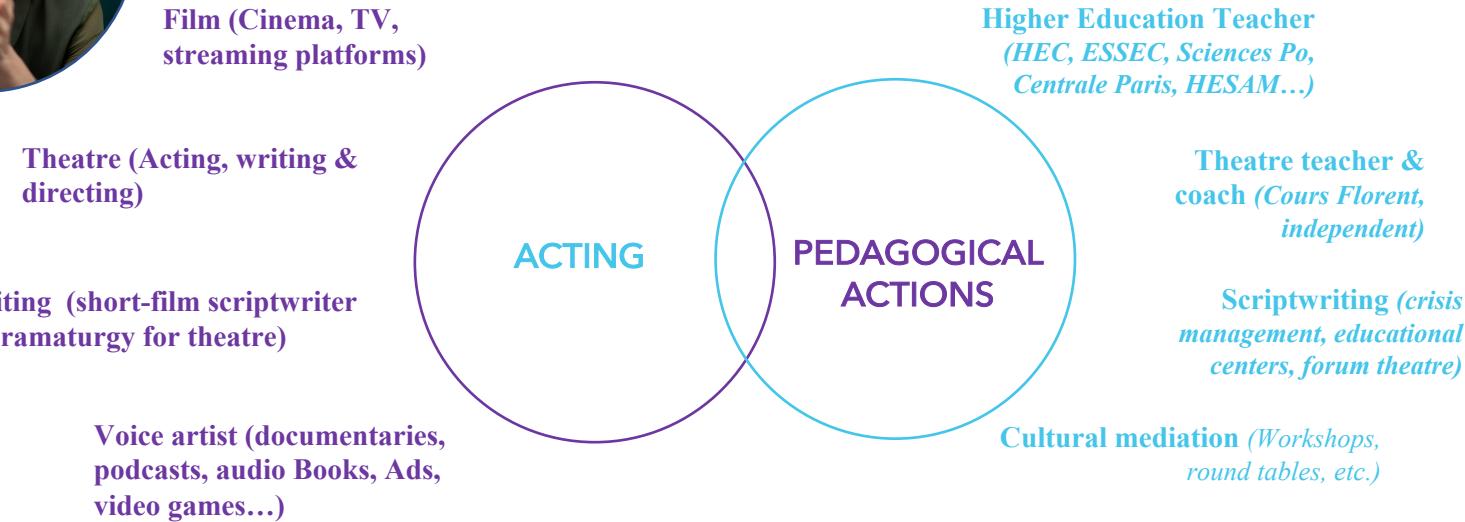
- Executive committees
- Management teams
- Sales/marketing teams
- Artists - project creation



ARTIST Coach

Hobbies :

High mountain hiking, yoga, travel,...



Examples of work	Objectives	Type of intervention
Cours Florent / Acting in English	Acting in English, Anglo-Saxon acting techniques	9h/week training program, 8 months/year. Directing shows
Centre Européen de Formation (CEF)	Writing of "best practice" scripts, course materials for administrative competitions on "public speaking".	Editorial and scriptwriting collaboration; organising the film shoot of the content
Start-up competitions to raise capital (throughout France)	Coaching higher education students for start-up competitions.	Pedagogical TM member and coach and facilitator during the competitions

TOOLS / CERTIFICATIONS :

- Susan Batson Technique (NY, Berlin, Paris)
- Regular workshops Michael Corbridge (Vocal dir Royal Shakespeare Co, UK) & Christina Batman
- Masters in Theatre Studies (Paris 3, la Sorbonne Nouvelle)
- Brevet d'état Cours Florent (Acting in English & standard training)
- Techniques: Meisner, Michael Chekhov

TARGETED AUDIENCE :

- Executive committees
- Management teams
- Sales/marketing teams
- Post-graduate students
- Actors & artists – creating a role