

CLAIRE OLIVIER

Artiste-Coache

Bio :

At the crossroads of several cultures, a native French and English speaker, I have developped my two professional lives with passion : acting (cinema, television, theater, voice) and coaching. Based in Paris, I have been a coach, trainer and facilitator in France and internationally for the past 15 years.

Driven by an optimistic view of our Future, two endeavours guide my work in the corporate world: reconnecting with a purposeful vision and rekindling with our intrinsic sense of play. Today, I view the workplace as a key location to invest in and co-create with the Other, so all parties may continue to contribute to their greater cause.

Tools & methodology :

- **For trainings :** Professional co-development, collective intelligence, Clean Language and techniques from the Arbinger Institute and Flow theory to develop team cohesion, work on inter- and intra-personal conflict management and support companies during transformational change management.
- **For coaching:** an exploration of several major analogous axes between the actor and the leader (transformation process, recognition, ego, uniqueness, creativity and expression of one's inner child).
- **Vocal technique** inspired by the work of Patsy Rodenburg and/or stemming from past artistic collaborations with Michael Corbidge, the vocal director of the Royal Shakespeare Company.
- **Acting Technique :** Sandford Meisner (awareness of the self and the other), Susan Batson (including sense memory - The Actor's Studio), Michael Chekhov (kinetic exploration of the psychological gesture, the emotional essence).



"The roots of the word 'compete' are the Latin con petire, which meant 'to seek together' . »

Mihaly Csikszentmihalyi

A few mile stones :

- **2006 :** Brevet d'état at Cours Florent
- **2007-2017 :** Acting Teacher at Cours Florent Paris (Acting in English)
- **2017 :** National coaching Diploma La Sorbonne Assas - Paris II (M2 Coaching professionnel: développement personnel en entreprise)



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COACH

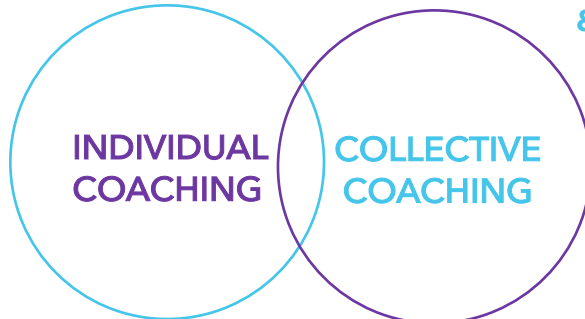
Artist

Developing your talent or multi-potentiality *(Inclusive of neuro-atypical brain functions)*

Women in positions of leadership

Independent artists
(from conception to creative processes)

Coaching leaders **Coherence & vision during & entrepreneurs, core transformations**
(writing your leadership)



Developing your capacity to influence & negotiate

Combining emotional intelligence & performance

Developing creativity
(during presentations, meetings, VC)

Refining your storytelling
(For yourself, your sales team, your company...)

Self-affirming & assertivity

Improving conflict & crisis management

Streamlining communication, Honing public-speaking skills in both English & French, *(media training, team-building)*

From start-ups to multinationals, I work as a coach, trainer and facilitator.

I am part of an ecosystem of partners whose values I share and who complement my skills according to your needs.

TOOLS / CERTIFICATIONS :

- International Coaching diploma
(Professional Masters- Paris II Sorbonne)
- Certified in Clean Language
- Arbinger Institute - Conflict Management
- Non-Violent Communication (NVC)
- Professional co développement

TARGETED AUDIENCE :

- Executive committees
- Management teams
- Sales/marketing teams
- Artists - project creation

Examples of work	Objectives	Type of intervention
Groupe Carrefour Management TM	Embodying your message and that of your company's and resolving fears during structural change.	3h workshop, during a seminar
GM – EU business unit of a Swiss pharmaceutical groupe	Aligning actions and values when implementing a new strategy incorporating Agile methodology	5 x 2h individual coaching sessions + co designing and facilitating a seminar
HRD –multinational luxury group	Honing your self-confidence and asserting yourself as a leader after taking up the new position	10 x 2h individual coaching sessions

* Sectors: Aerospace, banking, pharmaceuticals, agri-food, public service and national defence, luxury goods, digital, energy, insurance.



ARTIST Coach

Film (Cinema, TV,
streaming platforms)

Higher Education Teacher
(HEC, ESSEC, Sciences Po,
Centrale Paris, HESAM...)

Theatre (Acting, writing &
directing)

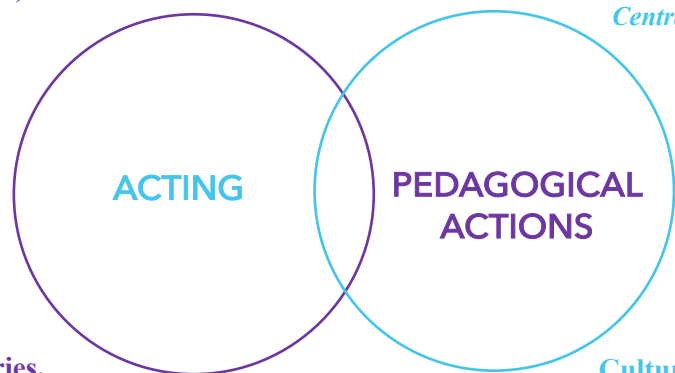
Theatre teacher &
coach (Cours Florent,
independent)

Writing (short-film scriptwriter
& dramaturgy for theatre)

Scriptwriting (crisis
management, educational
centers, forum theatre)

Voice artist (documentaries,
podcasts, audio Books, Ads,
video games...)

Cultural mediation (Workshops,
round tables, etc.)



Hobbies :
High mountain hiking, yoga, travel,...

TOOLS / CERTIFICATIONS :

- Susan Batson Technique (NY, Berlin, Paris)
- Regular workshops Michael Corbidge (Vocal dir Royal Shakespeare Co, UK) & Christina Batman
- Masters in Theatre Studies (Paris 3, la Sorbonne Nouvelle)
- Brevet d'état Cours Florent (Acting in English & standard training)
- Techniques: Meisner, Michael Chekhov

TARGETED AUDIENCE :

- Executive committees
- Management teams
- Sales/marketing teams
- Post-graduate students
- Actors & artists – creating a role

Examples of work	Objectives	Type of intervention
Cours Florent / Acting in English	Acting in English, Anglo-Saxon acting techniques	9h/week training program, 8 months/year. Directing shows
Centre Européen de Formation (CEF)	Writing of "best practice" scripts, course materials for administrative competitions on "public speaking".	Editorial and scriptwriting collaboration; organising the film shoot of the content
Start-up competitions to raise capital (throughout France)	Coaching higher education students for start-up competitions.	Pedagogical TM member and coach and facilitator during the competitions